



सत्यमेव जयते  
Government Of India

# KIDS, VAAYU & CORONA :

## Who wins the fight?

### A Comic for COVID-19 Awareness



**Vaayu:** A superhero, who works for better public health & environment. Can he defeat Corona?



**Corona:** A virus, which is spreading fast globally & causing COVID-19 disease.

**Dr. Ravindra Khaiwal**  
**Dr. Suman Mor**





## Kids, Vaayu & Corona: Who wins the fights? (A comic series for COVID-19 awareness)

There is growing concern and perceived threat about the Coronavirus among common citizens. The population of all ages are making use of available media such as newspapers, social media, and television to make themselves aware. From adults to children, most of the discussion these days are centering around the Coronavirus. But for children, especially those below the age of 12 years, Coronavirus has become a cause of concern as they are not able to comprehend the talks and getting worried. The parents should talk to them and resolve their queries so that they do not panic.

Sometimes parents might be busy, and they might not be able to resolve their queries. Considering this PGIMER- Chandigarh, India, and Panjab University-Chandigarh, India created a comic to make children aware about the threat of Coronavirus and how to remain safe through simple precautionary steps. This comic is created to learn, along with fun, and motivate children to be a hero of prevention by defeating Corona.

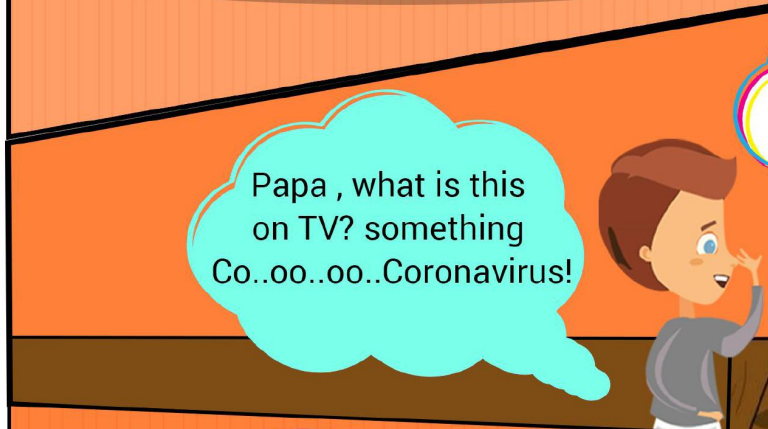
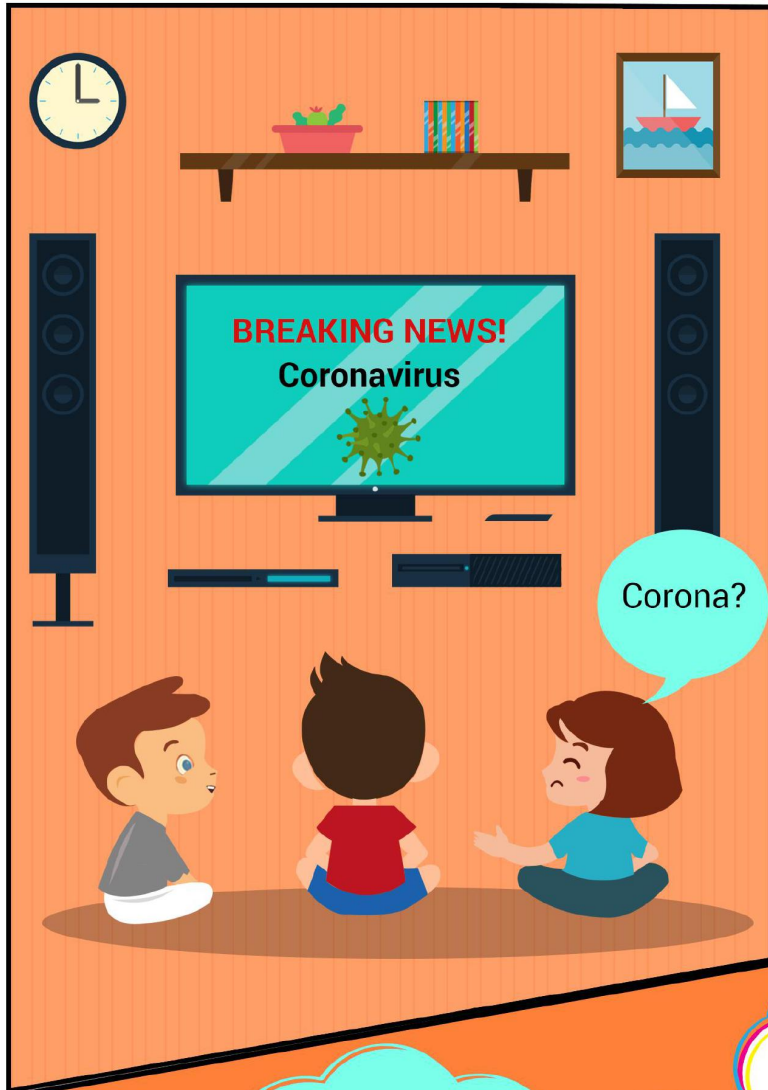
Vaayu is a global citizen who lives in the foothills of Himalayas, India. He is a superhero, who work for the better public health and environment. He has been called to fight against global threat of Coronavirus and to protect children from sudden panic and fear.




Technically Vetted by:










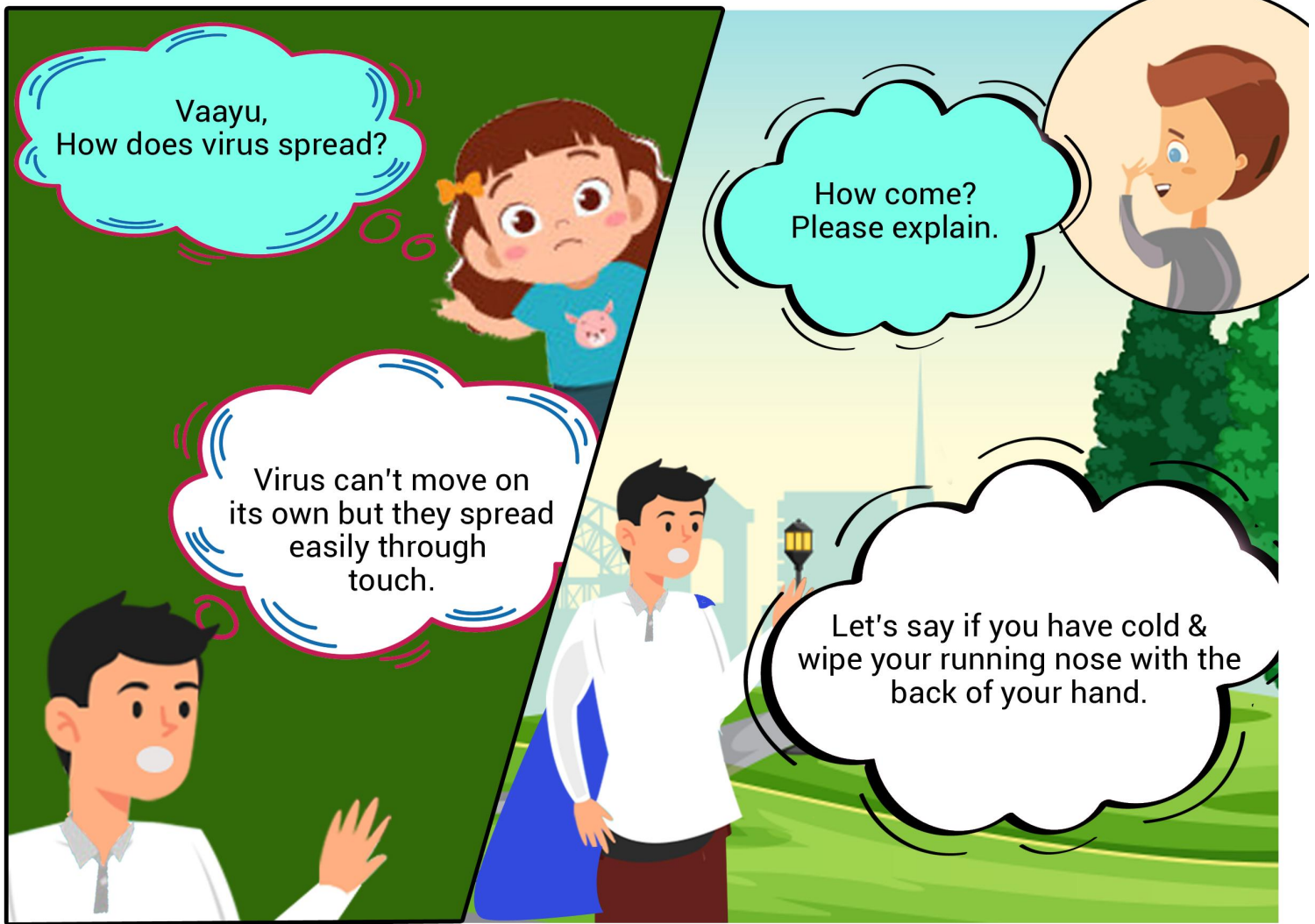
Oh, kids seems to be panic.  
I must visit them.



What happened  
kids?

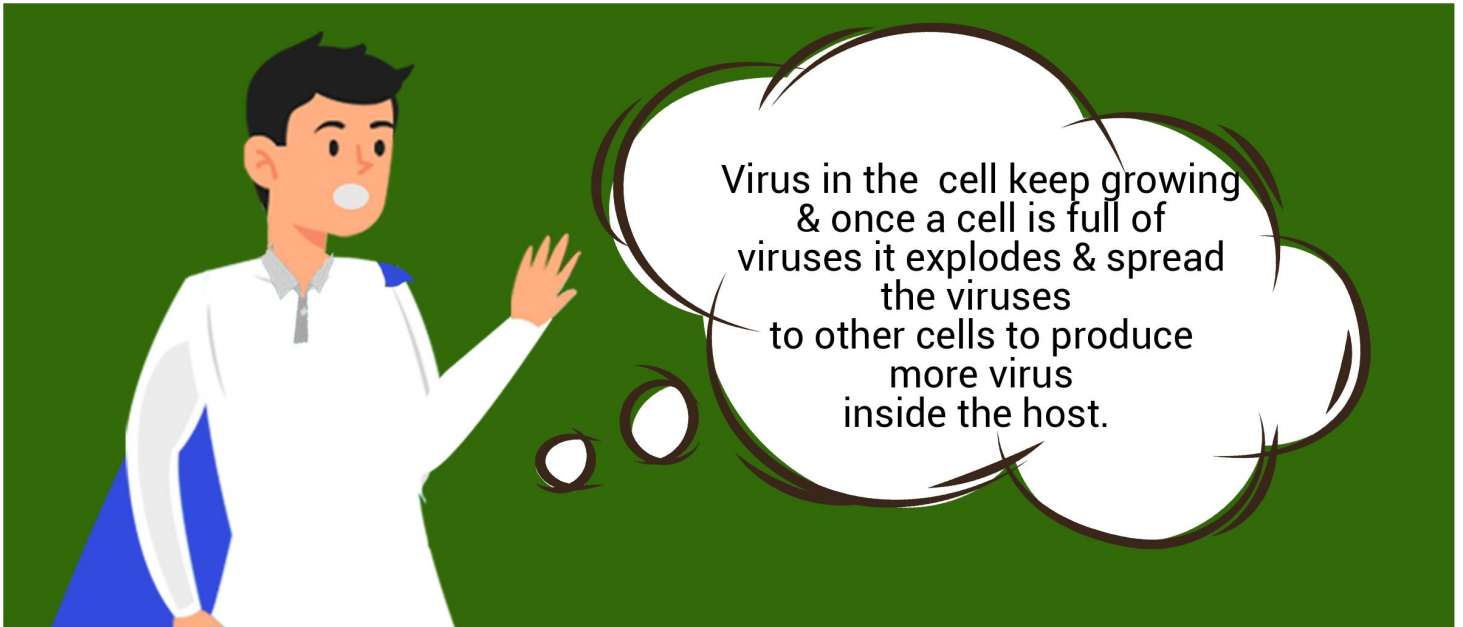












Virus in the cell keep growing & once a cell is full of viruses it explodes & spread the viruses to other cells to produce more virus inside the host.



So, they make us sick?

Yes, when they grew in millions. In our life virus attack us several times but we have self-defence mechanism to recover fast.







Vaayu, we are seeing in newspapers and TV that everybody is talking about Coronavirus.

Are we safe Vaayu?

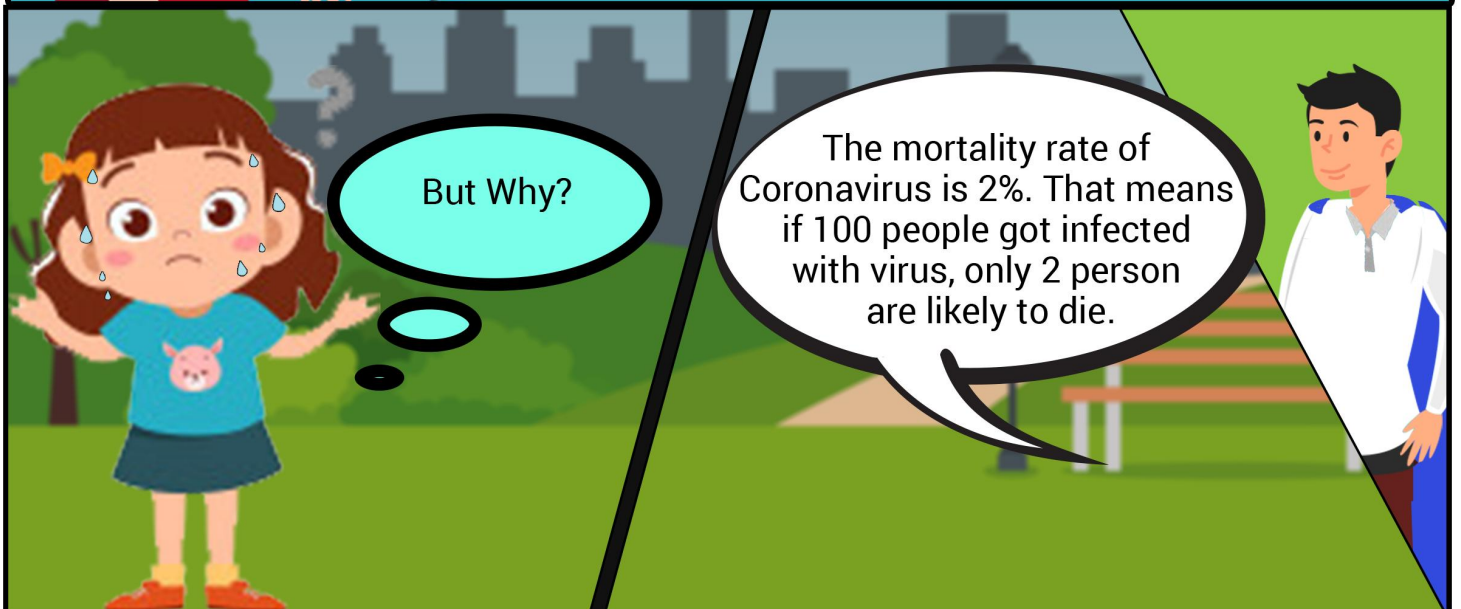


Kids, you do not need to worry about Coronavirus. We all will be fine, if we will follow simple prevention steps.



But Vaayu, we have learned that many people died in China. It is also spreading fast in other countries.

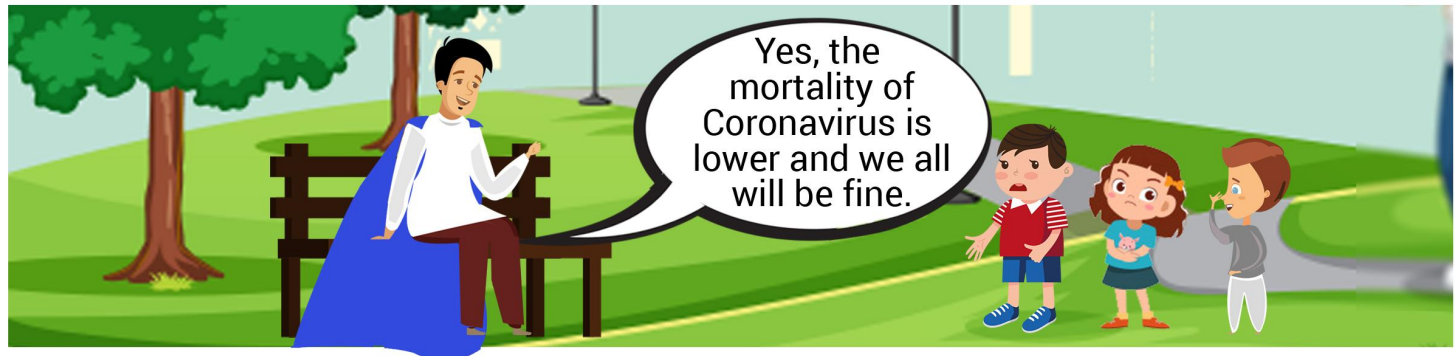
No, we do not need to worry, just follow what i will be teaching you now.



But Why?

The mortality rate of Coronavirus is 2%. That means if 100 people got infected with virus, only 2 person are likely to die.







Yes, Vaayu, we are strong and won't panic about Coronavirus but please tell us precautions we should take to defeat this virus?

Can we really defeat it?


Yes kids, you can control the spread of Coronavirus and you can defeat it by following simple precautions.




Really, can we control the spread of Coronavirus and prevent yourself and your family?

Yes, there are few simple ways through which you can keep yourself and your family's health safe.






Wow! This is interesting  
that we  
defeat Corona Virus.



Please tell me more about  
infection control!



Ok kids, i will tell you simple steps  
to follow not only for Coronavirus but also  
other viruses and bad germs.



First step is that we need to be clean & maintain hygiene. Use hand sanitizer & wash your hands properly.

How we wash our hands properly to kill germs?

The germs and bacteria hide at a place, where it is hard to kill them. So, we need to wash our hands properly. Now follow with me these seven steps.

# Washing hands instructions

- 1 WATER AND SOAP
- 2 PALM TO PALM
- 3 BETWEEN FINGERS
- 4 FOCUS ON THUMBS
- 5 BACK OF HANDS
- 6 FOCUS ON WRISTS
- 7 WIPE WITH CLEAN TOWEL





## Let's Greet Like This



As-Salaam-Alaikum



Hello Everyone



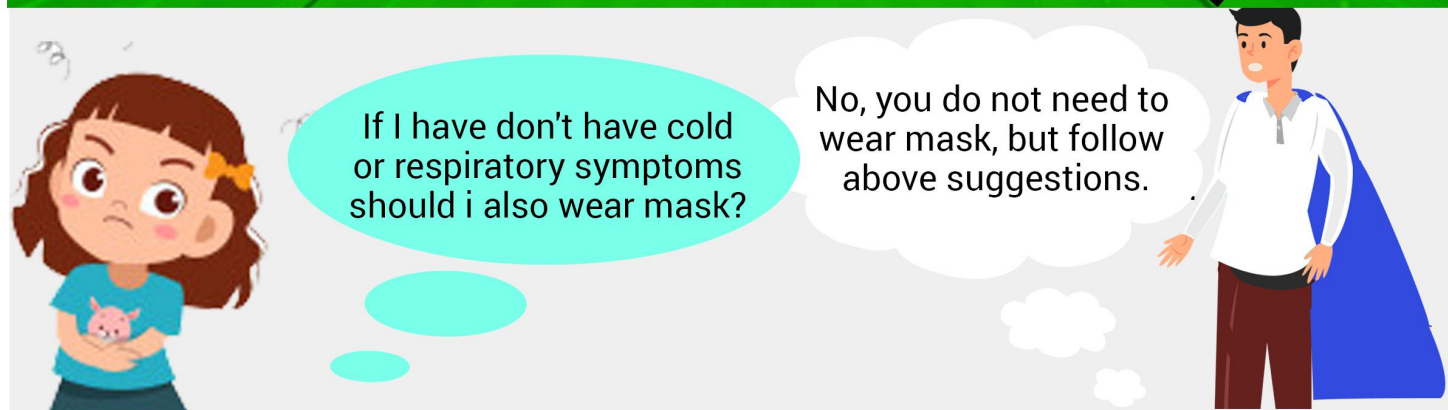
Namastey



Sat-Sri-Akal Ji









# Also maintaining social distance



Avoid going in crowded places or functions




Oh!!  
That's why our school's are closed.



Kids! if not urgent, please avoid travel to the place where Coronavirus is reported.

Thanks Vaayu!  
We will also ask our parents to avoid travel If possible.



A superhero father with a blue cape and a white shirt with a blue collar is standing in a park, talking to his three children. The children are a boy in a grey shirt, a girl in a blue shirt holding a pink piggy bank, and a boy in a red and white striped shirt. A large speech bubble from the father contains text about contacting a doctor. A thought bubble from the children shows a doctor saying 'Hello kids!' and another speech bubble from the children says 'Great! these are simple steps to defeat Coronavirus or other germs.'

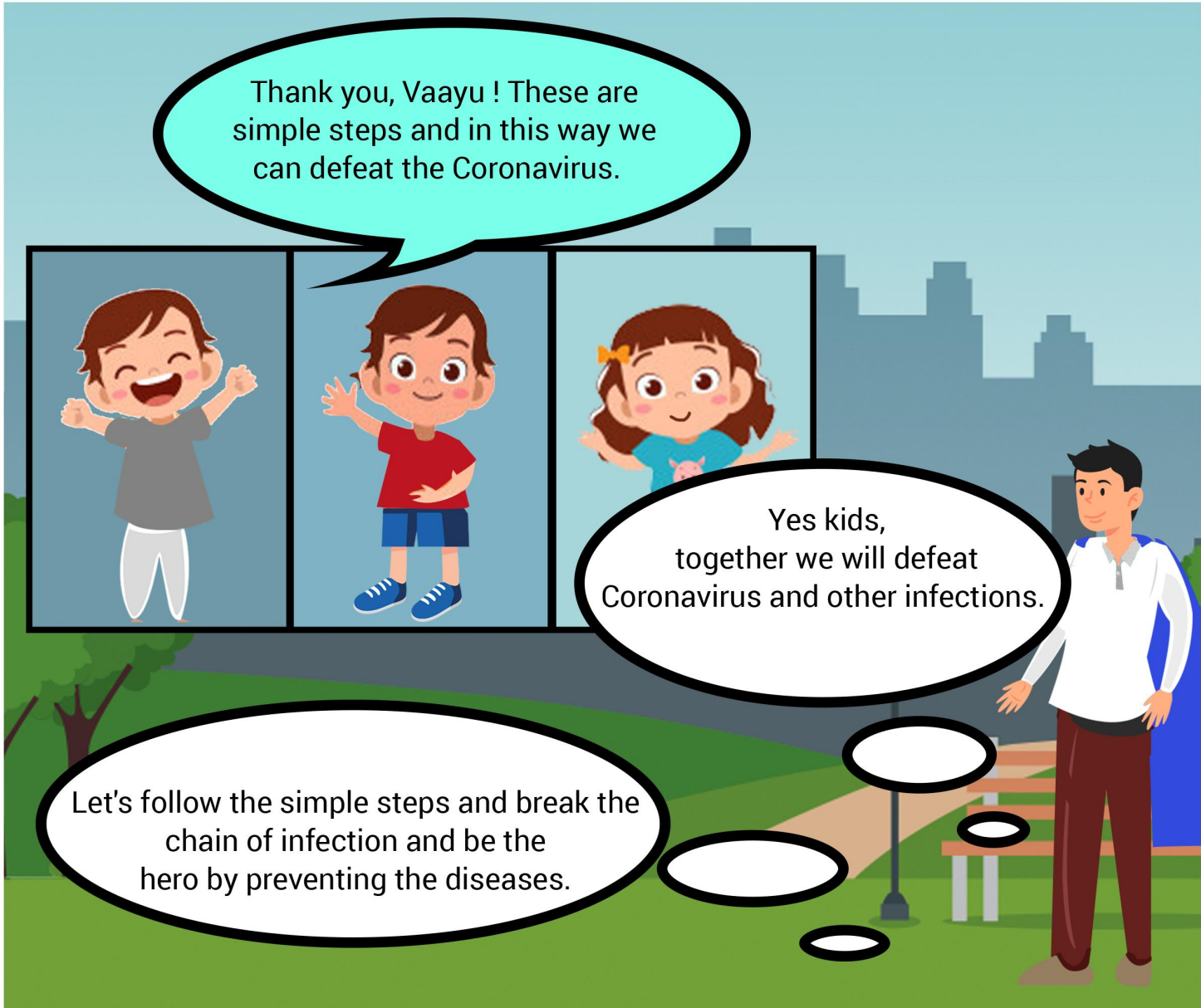
If you have cough, fever  
or difficulty in breathing, contact a doctor  
immediately and follow the advice  
given by your doctor.

A thought bubble containing an illustration of a doctor in a white coat and blue tie, holding a yellow medical bag with a red cross.

Hello kids!

Great! these are  
simple steps to defeat  
Coronavirus or  
other germs.

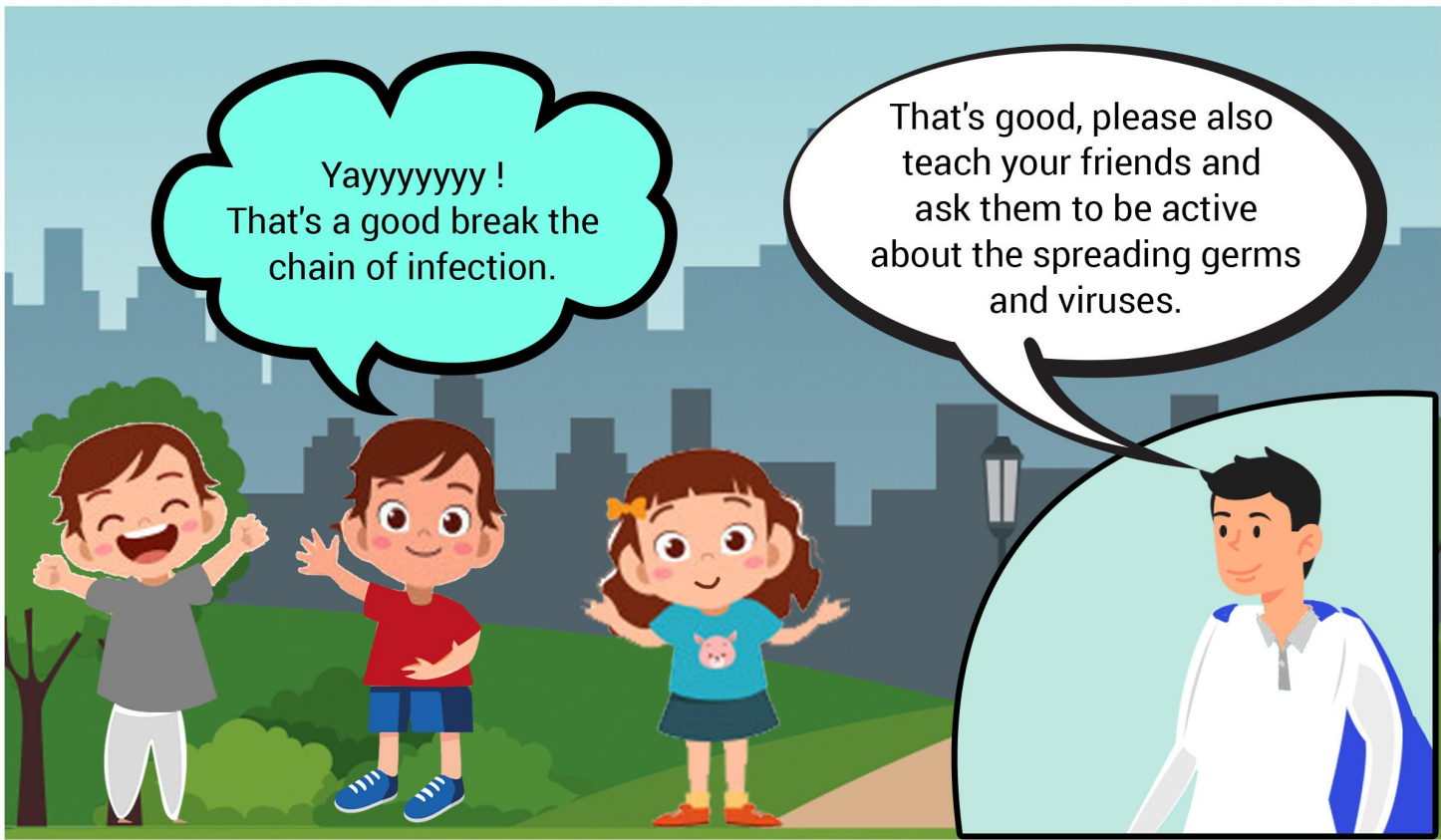




Thank you, Vaayu ! These are simple steps and in this way we can defeat the Coronavirus.

Yes kids, together we will defeat Coronavirus and other infections.

Let's follow the simple steps and break the chain of infection and be the hero by preventing the diseases.



Yayyyyyyy ! That's a good break the chain of infection.

That's good, please also teach your friends and ask them to be active about the spreading germs and viruses.



Ok kids, now tell me,  
How can you defeat corona virus?



By washing  
hands properly.



1 Meter



By maintaining  
social distance.



By greeting  
traditionally.



Maintain &  
Proper hygiene



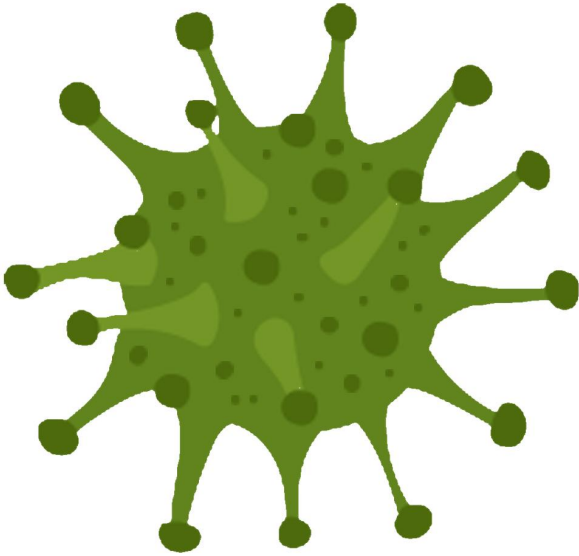
If sick, follow  
doctor advice







## Coronavirus FOR CHILDREN OF AGE GROUP 9 TO 12 YEARS



Corona Viruses are a large family of viruses that causes illness ranging from common cold to more severe diseases , such as Middle East Respiratory Syndrome (MERS- CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).

Common signs of infection include respiratory symptoms cold, fever, cough, and breathing difficulties. In more severe cases , infection can cause pneumonia , severe acute respiratory syndrome , kidney failure and even death.

(Source: WHO)

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